

	Current Data	2010 Target	Trending Toward Target?
INDIVIDUAL RESPONSE / BEHAVIORS			
Youth who currently smoke	11.4%	8%	●
Adults who currently smoke	19.6%	11%	○
Adults who engage in heavy or binge drinking	9.9%	6%	○
No regular moderate physical activity	52.3%	42%	○
Adults who consume < 5 fruits/vegetables per day	73.8%	67%	○
Colorectal cancer screening, ages 50+	38.4%	50%	○
Mammogram in past 2 years, women 40+	81.8%	86%	○
Births with 1 st trimester prenatal care	86.4%	91%	●
SOCIAL ENVIRONMENT			
Domestic violence rate per 100,000	533.1	321	●
Level of social support	83.2%	90%	○
Families below poverty level	10.1%	7%	●
High social trust	48%	60%	○
High school drop-out	2.8%	2.8%	●
PHYSICAL ENVIRONMENT			
Public perception of transportation problems	15.2%	11%	●
Miles of sidewalk	434	533	●
HEALTH & FUNCTIONING			
Infant mortality per 1000 births	4.8	4	●
DISEASE / INJURY			
Overweight youth	15%	12%	●
Adult obesity rate	16.9%	12.0%	○
High blood pressure	30.4%	18.0%	○
Diabetes prevalence	7.7%	6.0%	○
Unintentional injury death rate per 100,000	46.7	23.0	●
Lung cancer incidence per 100,000	73.8	65.0	●
Breast cancer incidence per 100,000	127.4	110.0	●
Melanoma incidence per 100,000	17.3	14.0	●
Heart disease death rate per 100,000	151.5	120.0	●
Vaccine-preventable disease incidence per 100,000	2.0	1.0	●
Chlamydia incidence per 100,000	145.1	126.0	●
Enteric disease rate per 100,000	37.4	28.0	●
Motor vehicle fatalities per 100,000	20.3	15.0	●
HEALTH CARE			
Unable to get care in last 12 months	4.1%	2.5%	○
No insurance coverage (adults)	12.6%	6.0%	○
No insurance coverage (youth)	15.4%	6.0%	●
PROSPERITY			
Percentage of earned to total income	43%	50%	●
WELL-BEING			
Health status fair or poor	14.4%	11.0%	○

NOTES: Data are for most current year available. See supporting document for details.
 Trend lights determined by comparing current data with most recent previous data.
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● Data trending away from target.
 ● Data trending toward target.
 ○ Trend data not available.

INDIVIDUAL RESPONSE/BEHAVIORS

Youth who currently smoke: Percentage of middle school students who smoked at least one cigarette in the past 30 days (2003).¹¹

Adults who currently smoke: Percent of people who have smoked at least 100 cigarettes in their lifetime and who also smoked some days or every day in the past month (2002).²

Adults who engage in binge drinking: Percent of people who have consumed 5+ drinks at one occasion in the past month (2002).²

No regular moderate physical activity: Percent of people who do not engage in regular moderate physical activity (at least 30 min. a day 5 days a week) or regular vigorous physical activity (at least 20 min. a day and 3 days a week) (2002).²

Adults who consume < 5 fruits or vegetables per day: Percent of people who consume less than 5 servings of fruits and vegetables a day (2002).²

Colorectal cancer screening, 50+: Percent of people 50+ that have had a blood stool test in the past 2 years (2002).²

Mammogram in past 2 years, women 40+: Percent of women over age 40 that have had a mammogram in the past 2 years (2002).²

Percent of births w/ 1st trimester prenatal care: Percent of pregnant women (as measured by live births) receiving prenatal care in 1st trimester of pregnancy (rolling ave. 2002-2004).²

SOCIAL ENVIRONMENT

Domestic violence rate: Incidence of domestic violence for every 100,000 population. Domestic violence may include murder, manslaughter, forcible rape, forcible sodomy, forcible fondling, aggravated assault, simple assault, threat/intimidation and arson (2004).⁶

Level of social support: Percent of people reporting they have 2 or more people within an hour's travel time that they can depend on (2003).³ *This measure reflects data for South Sarasota County only.*

Families below poverty level: Percent of families below poverty level (2004).¹⁰

High social trust: The percent of people reporting high social trust. Social trust is an index measure which captures the degree to which individuals trust other people. The index combines trust of neighbors, co-workers, shop clerks, co-religionists, local police, and "most people" (2003).¹

High school drop-out rate: The percentage of students in grades 9-12 for whom drop-out was the reason for withdrawing from school (2004/2005).⁵

PHYSICAL ENVIRONMENT

Public perception of transportation issues: The percentage of people that feel that traffic/transportation issues are the most important issue facing Sarasota County today (2005).⁹

Miles of sidewalk: Miles of sidewalk in Sarasota County. Does not include sidewalks on private roads and streets, nor those maintained by the cities of North Port, Venice, Sarasota and Longboat Key (2002).⁹

HEALTH AND FUNCTIONING

Infant mortality: Deaths in children less than 365 days old per 1,000 births (rolling ave. 2002-04).²

DISEASE

Overweight youth: Percentage of school-age youth with a body mass index (BMI) indicating overweight. These data are collected by school health nurses for public school students in grades 1, 3, 7, and 9 (2003/04).⁸

Obesity rate: Percentage of adults who are obese (BMI >=30) (2002).²

High blood pressure: Percent of adults told by a health professional they have high blood pressure (2002).²

Diabetes prevalence: Percent of adults told by a health professional that they have diabetes (2002).²

Unintentional injury death rate: Deaths due to unintentional injuries per 100,000 population. The rate shown is age-adjusted (rolling ave. 2002-2004).²

Lung cancer incidence: New cases of lung cancer per 100,000 population. The rate shown is age-adjusted (rolling ave. 2000-2002).²

Breast cancer incidence: New cases of breast cancer per 100,000 population. The rate shown is age-adjusted (rolling ave. 2000-2002).²

Melanoma incidence: The number of new melanoma cases per 100,000 population. The rate shown is age-adjusted (rolling ave. 2000-2002).²

Heart disease death rate: The number of deaths from heart disease per 100,000 population. The rate shown is age-adjusted (rolling ave. 2002-2004).²

Vaccine-preventable disease incidence:

Number of confirmed cases of diphtheria, hepatitis B, mumps, pertussis, poliomyelitis, rubella, rubeola, and tetanus per 100,000 (rolling ave. 2002-2004).²

Chlamydia incidence: The number of new Chlamydia cases per 100,000 (rolling ave. 2002-2004).²

Enteric disease rate: Rate of enteric disease (including campylobacteriosis, giardiasis, hepatitis A, salmonellosis, and shigellosis) per 100,000 (rolling ave. 2002-2004).²

Motor vehicle fatalities: Number of deaths caused by motor vehicle crashes, per 100,000 (rolling ave. 2002-2004).²

HEALTH CARE

Unable to get care in last 12 months: Percent of adults who were unable to get medical care in the last 12 months (2002).²

No insurance coverage (adult): Percent of adults without health insurance coverage (2002).²

No insurance coverage (youth): Percent of children <19 not covered by any source of health insurance (2004).⁷ *This measure reflects the combined percentage for Sarasota and Manatee Counties.*

PROSPERITY

Percentage of earned to total income: The percentage of earned income to total personal income (2004).⁴

WELL-BEING

Health status fair or poor: The percentage of people that self-report their health status as fair or poor (2002).²

SOURCES

- 1: Better Together Social Capital Report: www.gulfcoastcf.org/page15676.cfm
- 2: Community Health Assessment Resource Toolkit: www.floridacharts.com
- 3: CHIP Household Survey: www.chip4health.org
- 4: Economic Development Corporation of Sarasota County: www.edcsarasota.com
- 5: Florida Dept of Education: www.firn.edu/doe/eias/eiaspubs/drop.htm
- 6: Florida Dept of Law Enforcement: www.fdle.state.fl.us/FSAC
- 7: Florida Health Insurance Study: www.fdhc.state.fl.us
- 8: Health Management Component Report System. Data available through the Sarasota County Health Department.
- 9: Sarasota County & Citizen Opinion Survey: www.scgov.net
- 10: US Census: www.census.gov
- 11: Youth Risk Behavior Survey: Data available through the Sarasota County Health Department.