

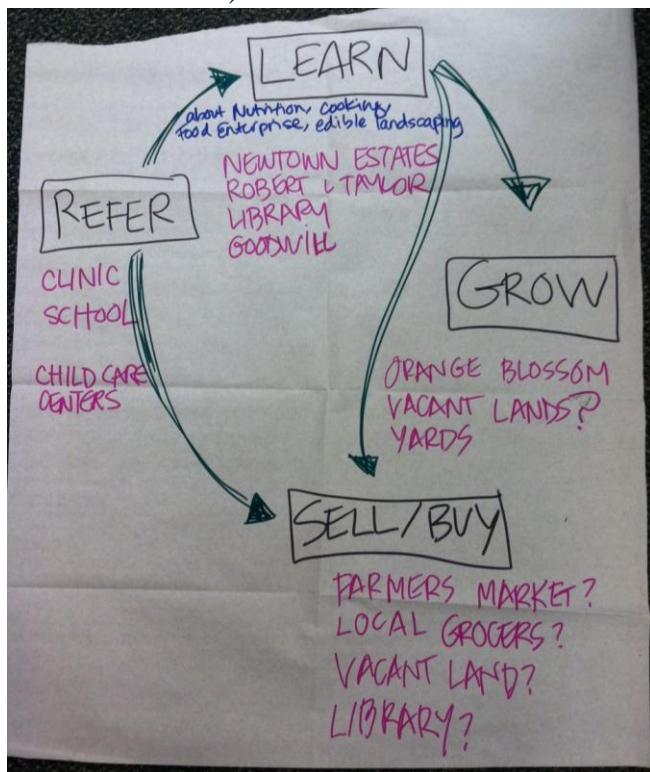
## Newtown CHAT Meeting Summary January 24, 2012

**Present:** Joyce White, Barbara Powell-Harris, Joyce Raby, Debra Additon, Dr. Robert Kluson, Marissa Sheldon, Dan Monhollon, Gwen Atkins, Beverly Phelps, Katie Leonard, Audry Lou Maye, Shelia Baynes, Ken Waters, Commissioner Willie Shaw, Kari Ellingstad, Diane Ramseyer

**Welcome and Introductions** –Kari Ellingstad introduced this month’s guest chair, Joyce White, from the Links. Joyce shared information on the Links – a national African American Women’s service group. They have been working to address health disparities, and specifically how nutrition can impact childhood obesity. For the past couple years, they have been working at Emma E. Booker providing a special nutrition curriculum developed by Morehouse School of Medicine. As they move through the program this year, they are preparing to train others (train-the-trainer) to offer the same program through the community. One approach is to advocate for the program to be incorporated into afterschool programs. They are also working on a town hall meeting for late April on Childhood Obesity, and are seeking partners to help with this effort.

**New Item - Sarasota D-Fy (Drug-Free Youth)** – The CHAT heard from two Sarasota community members who are interested in starting a Sarasota Chapter of D-Fy (Drug-Free Youth). Anyone interested in helping start this initiative, please contact Diane who will pass the names on to the planning group. For information on what a D-Fy chapter would be like – visit [www.npd-fy.com](http://www.npd-fy.com)

**Action Item** - Planning of February Meeting with food retailer, produce vendors, and growers. The group began discussion on the February meeting by reviewing the Action Plan. (Please see comments below).



Kari also shared a diagram to help illustrate the way we hope to impact access to healthy foods and better nutrition.

- **Refer** – Entities have been identified who will promote and **REFER** individuals and families to opportunities to learn about eating healthy.
- **Learn** – There are places in the community where people can **LEARN** about eating healthy, cooking healthy meals, shopping on a budget, growing their own food, or starting a food-based business.
- **Buy/Sell** – Locations have been identified where residents can **GROW** food.
- **BUY/SELL** There are also some potential (new) places where fresh/fruits and vegetables can be sold.

## Review Action Plan

### GOAL 1: Increase availability and access to healthy, affordable foods in Newtown/North Sarasota

**Objective 1.1:** Increase the number of food retailers selling fresh fruits and vegetables to 3 by July 2012

**Objective 1.2:** Increase the number of WIC-certified food retailers in Newtown/North Sarasota by 2 by July 2012

**Objective 1.3:** Support Extension in launching a program (such as the SNAP double-value coupon program) to increase affordability of fresh fruits and vegetables at food retailers and/or farmers markets in Newtown/North Sarasota by Jan 2013

**Objective 1.4:** Increase the number of food retailers advertising healthy foods by 4 in Newtown/North Sarasota by July 2012

#### What have we learned and what has happened since last meeting?

- The Manatee County Health Department is working on similar issues. They have been able to secure EBT machines for their farm markets. They are providing an EBT machine for a pilot project in Sarasota.

#### What do we need to know?

- What are possible locations in the North County area? The library is interested in having a farm market on site, and will be explored further.
- Are there local vendors who would participate? A local vendor has been identified who is willing to learn more about becoming the EBT pilot. Are there more to be identified?
- Are there other locations, such as schools, which might be locations?

#### What do we need to do next?

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### GOAL 2: Create awareness about distressed properties and their effect on environmental & physical health (PACE-EH)

**Objective 2.1:** Increase public information about environmental health issues from homes in 5 public locations by Jan. 2011

**Objective 2.2:** Rehabilitate properties to reduce the number of non-code compliant homes by 1 by January 2012

#### What have we learned and what has happened since last meeting?

- The Healthy Home Expo at Robert L. Taylor was held on Saturday. There were demonstrations, information on home inspections, etc.
- Many attendees at the Expo indicated they learned of it through their child-care providers, who were given materials to distribute.
- Many people do not know how to properly dispose of needles.

#### What do we need to know?

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#### What do we need to do next?

- PACE-EH will review event for more “lessons learned”

### GOAL 3: Decrease community violent crime by increasing lighting levels and police visibility, and by raising awareness of the negative health outcomes of violence (PACE-EH)

#### What have we learned and what has happened since last meeting?

- Planning continues on “sports event” on February 25 10 am-2pm at Robert L. Taylor with law enforcement and youth.

#### What do we need to know?

- Outreach sources – including the child-care centers, Sarasota Housing Authority

#### What do we need to do next?

- Continue the event preparation

## **What else is going on? (Announcements)**

**Caregiver Fair** Saturday, April 28th 1030a-130p at N Library. Community partners welcome to participate, bring information. Contact Dr. Lisa Merrit, Eleanor Ball or Gwen Atkins if interested in being part of the planning committee. Planning will be at next Cancer Support Community Suncoast meeting 2/14/2012 6pm at N Library.

Joyce Raby shared information on the **Human Trafficking Coalition** – Florida ranks #2 in Human Trafficking in the county. There will be an event on Feb. 18<sup>th</sup> from 1-5pm – contact Ann-Marie Mathews at 921.5358, ext 318.

Healthy Start is holding a fund-raiser at Sarasota Salvage on 1-26-2012. They have had a good response to the news articles and tv broadcasts regarding their programs in the Newtown Community. Contact Beverly Phelps if you need additional information.

*Next Meeting is Feb. 27, 2012 – North County Library*

CHAT is the Community Health Action Team –  
<http://www.chip4health.org/newtown.htm>  
For More Information – [newtown@chip4health.org](mailto:newtown@chip4health.org)

## **2011-2012 Newtown CHAT Action Plan**

**Goal 1:** *Increase availability and access to healthy, affordable foods in Newtown/North Sarasota*

**Objective 1.1:** *Increase the number of food retailers selling fresh fruits and vegetables to 3 by July 2012*

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**Objective 1.4:** *Increase the number of food retailers advertising healthy foods by 4 in Newtown/North Sarasota by July 2012*

**Goal 2:** *Create awareness about distressed properties and their effect on environmental & physical health (PACE-EH)*

**Objective 2.1:** *Increase public information about environmental health issues from homes in 5 public locations by Jan. 2011*

**Objective 2.2:** *Rehabilitate properties to reduce the number of non-code compliant homes by 1 by January 2012*

**Goal 3:** *Decrease community violent crime by increasing lighting levels and police visibility, and by raising awareness of the negative health outcomes of violence (PACE-EH)*

**Objective 3.1:** *Provide mental health service providers with information/evidence of negative mental health outcomes related to community violence.*

**Objective 3.2:** *Work with organizations to perform 2 lighting audits by \_\_\_\_\_, one in the City and one in the County.*

**Objective 3.3:** *Increase police visibility by conducting 4 law enforcement/community events by June 20, 2012*